

Brownie Recipe

6 T flaxseed meal + 1 c of water and let sit for 2 minutes for it to gel----(or use 6 eggs)

1/3 c butter or coconut oil

1/2 c cocoa powder

1/2 tsp vanilla

3/4 c Xylitol

1 c coconut flour

Melt butter on low and add cocoa powder. Add Xylitol and vanilla to flaxseed meal or eggs.

Add the cocoa mixture. Add the coconut flour. Bake at 350 degrees for 30-35 minutes.

Let cool for at least 20 minutes. Brownies are chewy!!

Compliments of Bobbie Turner